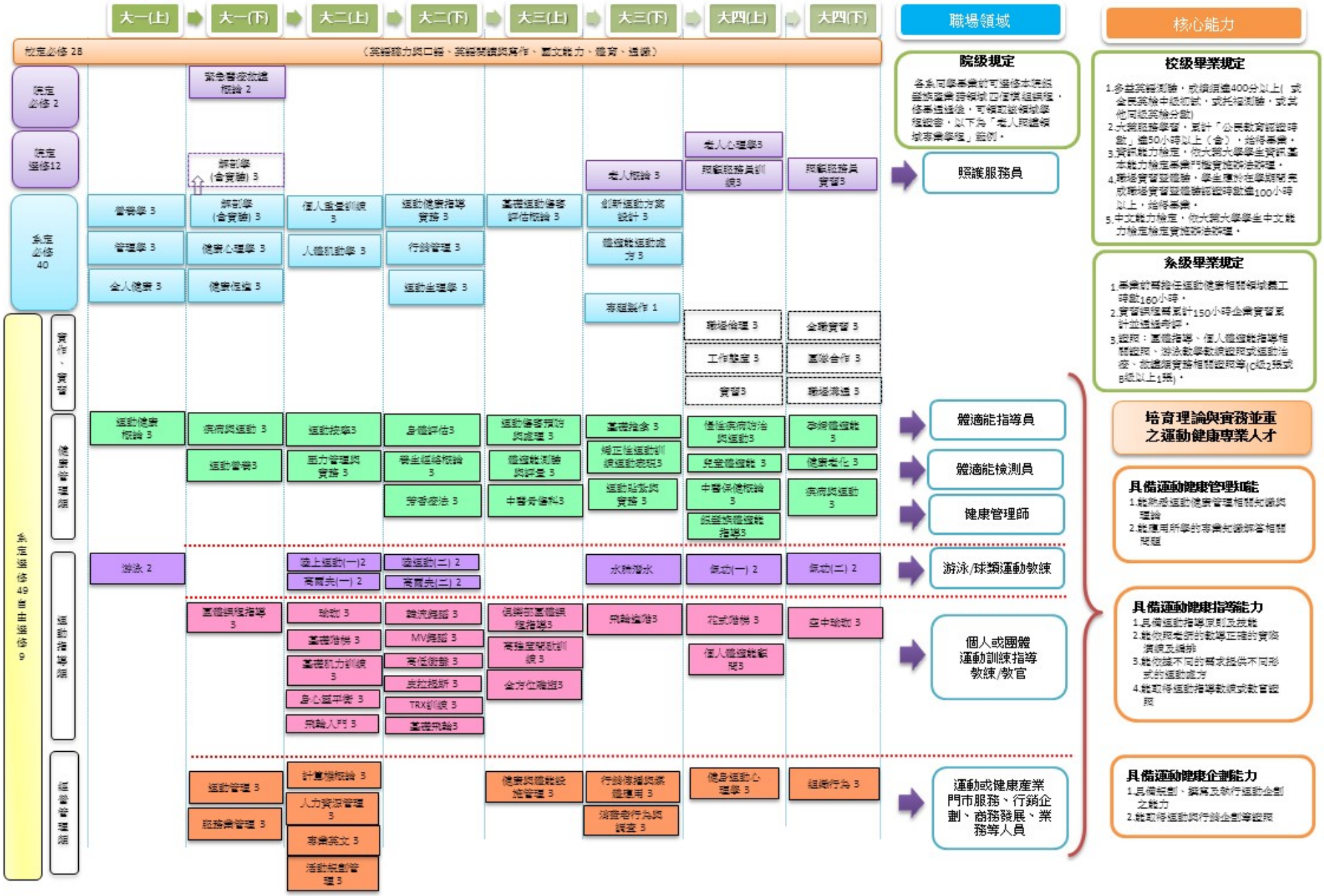大葉大學運動健康管理學系 學士班課程學習地圖